

# CAPITAL CITY SENIOR GAMES

## 2023 RESULTS - CYCLING 5K

### CYCLING 5K - WOMEN

First Name	Last Name	Age Division	Time	Place
Holly	Snyder	50-54	10:02	1
Susan	Poplin	55-59	14:29	1
Virginia	Howe	60-64	8:49	1
Gretchen	DeYoung	60-64	10:16	2
Mary Jane	Tappen	65-69	9:18	1
Mary	Spector	65-69	10:55	2
Betty	Dewar	65-69	12:08	3
Jeanne	O'Kon	70-74	15:04	1
Deloris	Chavis	75-79	24:26	1

### CYCLING 5K - MEN

First Name	Last Name	Age Division	Time	Place
Ace	Haddock	50-54	8:48	1
Ryan	Burk	50-54	9:31	2
Mark	O'Neill	60-64	9:14	1
Mark	Stern	65-69	8:15	1
David	Howe	65-69	8:16	2
Randall	Smith	65-69	8:23	3
William	Dewar	65-69	11:13	4
Michael	Bell	65-69	12:10	5

<b>First Name</b>	<b>Last Name</b>	<b>Age Division</b>	<b>Time</b>	<b>Place</b>
Malcolm	Marsh	70-74	8:57	1
Randall	Holcombe	70-74	9:43	2
David	Rehrig	70-74	10:46	3
John	Wright	70-74	13:48	4

<b>First Name</b>	<b>Last Name</b>	<b>Age Division</b>	<b>Time</b>	<b>Place</b>
James	Kimbrel	75-79	11:03	1

<b>First Name</b>	<b>Last Name</b>	<b>Age Division</b>	<b>Time</b>	<b>Place</b>
CHARLES	BALDWYN	80-84	10:00	1

<b>First Name</b>	<b>Last Name</b>	<b>Age Division</b>	<b>Time</b>	<b>Place</b>
David	Watts	85-89	10:15	1

## **CYCLING 5K RECUMBENT - MEN**

<b>First Name</b>	<b>Last Name</b>	<b>Age Division</b>	<b>Time</b>	<b>Place</b>
Michael	Gladwin	70-74	12:12	1