

5K Road Race
2025 Shamrock Scurry
8:30am

Capital City Senior Games has partnered with the Shamrock Scurry to offer the 5K Road Race event. Participants must register for both the Shamrock Scurry and the Capital City Senior Games. The Shamrock Scurry fee is \$20, and the Capital City Senior Games fee is \$15 (or if registering for more than one event, \$3). The participant will receive the goody bags and benefits from both events. Please visit <https://runsignup.com/Race/FL/Tallahassee/ShamrockScurry5Kand1Mile> for the details and to register for the Shamrock Scurry. And also, visit www.talgov.com/seniorgames to register for the Capital City Senior Games.

Participants can pick up both goody bags on Thursday, February 27 from 4-7pm or Friday, February 28 from 11am-2pm at Killlearn Methodist Church (2800 Shamrock South).

In addition to receiving both goody bags, participants will be able to partake in the Shamrock Scurry Pancake Breakfast after the race. And also, the Capital City Senior Games Celebration of Athletes on March 18 at 5:30pm at the Tallahassee Senior Center.

If you have any questions, please call Cindy Mead at 850-510-5966.